

## CHAMBERLAIN STUDIOS OF SELF DEFENSE™

KENPO JIU-JITSU KARATE • CHALKLINE FITNESS • SELF DEFENSE • BIRTHDAY PARTIES

## Martial arts AND FITNESS

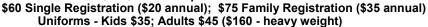
CSSD Zoom Class Schedule - January 2021

Kenpo Karate Unilmited Monthly Classes	Monday	Tuesday	Wednesday	Thursday	Saturday
Kids Age 4-6: \$135/mo	4p - 4:30p (Shihan Rollend)	4p - 4:30p (Sensel Genevieve)	<b>4p - 4:30p</b> 153246(Shihan Rollend)	4p - 4:30p (Professor)	
Storytime with Shihan Rollend!					9:45a - 10a (Shihan Rollend)
Kids Age 7-11: \$155/mo Beginners (White - Yellow)	4:45p - 5:15p (Shihan Rollend)	4:45p - 5:15p (Sensel Genevieve)	4:45p - 5:15p (Shihan Rollend)	4:45p - 5:15p (Professor)	
Kids Age 7-11: \$155/mo Intermediate (Orange - Purple)	5:30p - 6p (Shihan Rollend)	5:30p - 6p (Sensel Genevieve)	5:30p - 6p (Shihan Rollend)	5:30p - 6p (Marcus Ferrell)	
Kids Age 7-11: \$155/mo Advanced (Blue & Up) & Tweens (All Ranks)	6:15p - 6:45p (Shihan Rollend)	6:15p - 6:45p (Sensel Genevleve)	6:15p - 6:45p (Shihan Rollend)	6:15p - 6:45p (Marcus Ferrell)	
Adults (All Ranks): \$155/mo	<b>7p - 8p</b> (Shihan Rollend)	12p - 1p (Sensel Kellyn - Flag Pole Hill no Zoom) & 7p - 8p (Professor) This is a Black Belt/ Advanced Class Only	12p - 1p (Sensel Kellyn) & 7p - 8p (Shihan Rollend)	12p - 1p (Sensel Kellyn) & 6:30p - 7:30p (Sensel Genevieve - Tietze Park)	





Tuition: \$95/mo for 1x per week or \$135-\$155/mo for unlimited group classes; \$75-\$200/hr for private lessons





Facebook/Chamberlain Studios

