



CHAMBERLAIN STUDIOS OF SELF DEFENSE™

KENPO JIU-JITSU KARATE • CHALKLINE FITNESS • SELF DEFENSE • BIRTHDAY PARTIES

Martial Arts Class Schedule

Lakewood In-Person Class Schedule - January 2021

Kenpo Karate Unlimited Monthly Classes	M	Tu	W	Th (In Dojo)	Th (At Tietze Park)	Saturday (At Flag Pole Hill)
Kids Age 4-6: \$135/mo	4p - 4:30p (Shihan Rollend)	4p - 4:30p (Sensel Genevieve)	4p - 4:30p (Shihan Rollend)	4p - 4:30p (Professor)	4p - 4:30p (Sensel Genevieve)	9a - 9:30a (Rotating Instructors)
Kids Age 7-11: \$155/mo Beginners (White - Yellow)	4:45p - 5:15p (Shihan Rollend)	4:45p - 5:15p (Sensel Genevieve)	4:45p - 5:15p (Shihan Rollend)	4:45p - 5:15p (Professor)	4:45p - 5:15p (Sensel Genevieve)	9a - 9:45a (Rotating Instructors)
Kids Age 7-11: \$155/mo Intermediate (Orange - Purple)	5:30p - 6p (Shihan Rollend)	5:30p - 6p (Sensel Genevieve)	5:30p - 6p (Shihan Rollend)	5:30p - 6p (Marcus Ferrell)	5:30p - 6:15p (Sensel Genevieve)	9a - 9:45a (Rotating Instructors)
Kids Age 7-11: \$155/mo Advanced (Blue & Up) & Tweens (All Ranks)	6:15p - 6:45p (Shihan Rollend)	6:15p - 6:45p (Sensel Genevieve)	6:15p - 6:45p (Shihan Rollend)	6:15p - 6:45p (Marcus Ferrell)	5:30p - 6:15p (Sensel Genevieve)	9a - 9:45a (Rotating Instructors)
Storytime with Shihan Rollend! (All Ages)						9:45a - 10a
Adults (All Ranks): \$155/mo	7p - 8p (Shihan Rollend)	12p - 1p (At Flag Pole Hill - Sensel Kellyn) & 7p - 8p (Professor) This is a Black Belt/Advanced Class Only	12p - 1p (Sensel Kellyn) & 7p - 8p (Shihan Rollend)	12p - 1p (Sensel Kellyn)	6:30p - 7:30p (Sensel Genevieve)	10a - 11a (Rotating Instructors)
Kids Belt Testing	Last Friday of each month (Jan 29th, Feb 26th & Mar 26th) 6:30p-8p via ZOOM (Monthly Striping - in class, throughout the month)					
Kung Fu Class (Available to Leadership Students)	2nd & 4th Tuesday of the month - Jan 12th, Jan 26, Feb 9th, Feb 23rd, Mar 9th & Mar 23rd (Lakewood Dojo) 5p - 6p OUTSIDE - (Sensel Kellyn)					

“My Martial Arts” Location In-Person Schedule - January 2021

3641 W Northwest Hwy #150, Dallas, TX 75220

Kenpo Karate Unlimited Monthly Classes	M	Tu	W	Th	Saturday (At Bachman Lake Park)
Kids Age 4-6: \$135/mo		4:15p - 4:45p (Shihan Rollend)		4:15p - 4:45p (Shihan Rollend)	2:30p - 3p (Sensel Les)
Kids Age 7-11: \$155/mo Beginners / Int (White - Purple)		5:15p - 5:45p (Shihan Rollend)		5:15p - 5:45p (Shihan Rollend)	3p - 3:30p (Jim Adcox)
Kids Age 7-11: \$155/mo Advanced (Blue - Browns) & Tweens (All Ranks)		6:15p - 6:45p (Shihan Rollend)		6:15p - 6:45p (Shihan Rollend)	3p - 3:30p (Rotating Instructors)
Adults (All Ranks): \$155/mo		7:30p - 8:30p (Shihan Rollend)		7:30p - 8:30p (Shihan Rollend)	3:30p - 4:30p (Sensel Les)
Kids Belt Testing	Last Friday of each month (Jan 29th, Feb 26th & Mar 26th) 6:30p-8p via ZOOM (Monthly Striping - in class, throughout the month)				

2114 Kidwell St. Dallas, TX 75214

Tuition: \$95/mo for 1x per week or \$135-\$155/mo for unlimited group classes; \$70-\$200/hr for private lessons

\$60 Single Registration (\$20 annual); \$75 Family Registration (\$35 annual)

Uniforms - Kids \$35; Adults \$45 (\$160 - heavy weight)

www.DallasKenpo.com

214-351-5367



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