



CSSD LEADERSHIP

Monthly Worksheet

AUGUST: TRUST | SINCERITY

Trust is something that everyone has to earn. If you gain someone's trust it is important to do everything you can to keep it.

Uke/Tore relationship - Do you need to trust your partner? _____ Why?

When you lose someone's trust, is it easy to get back? _____

Explain how this concept is important in martial arts. _____

Student/teacher relationships - as leadership, your instructors trust you to behave in a certain manner. When a student misbehaves or takes advantage, that trust is taken away. Give examples.

WHAT WOULD YOU DO?

John was a brown belt in karate. Whenever he partnered with someone, he would always punch, grab, throw or kick too hard and people would get hurt. It got so bad that people did not want to work out with John any more. What should John do in this situation? What should you do as the instructor in this situation?

.....
Name: _____ Rank: _____ Date: _____

Instructor: _____ Instructor Signature: _____