



CSSD LEADERSHIP

Monthly Worksheet

JULY: TEAMWORK

“Alone we can do so little; together we can do so much.”

- Helen Keller

Questions:

What does the above quote mean to you? _____

Do we have teamwork in martial arts? _____

What are some problems you have faced while working on a team project?

Why is teamwork important? _____

SCENERIO:

As an instructor, you assign your class into teams to work on a project etc. One of your students decides that he/she is not going to listen and wants to do things for themselves.

What is the best way to deal with this situation?

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Name: _____ Rank: _____ Date: _____

Instructor: _____ Instructor Signature: _____